



Baked Apples with Pecan Crumble

Serves: 2-4

Ingredients

- 3 large apples
- ¼ cup chopped pecans
- ½ teaspoon ground cinnamon
- 1 tablespoon butter or coconut oil
- 1–2 tablespoons honey or maple syrup

Instructions

1. Preheat oven to 375°F.
2. Core apples and place in a baking dish.
3. Fill each apple with pecans, cinnamon, butter, and sweetener.
4. Add a splash of water to the bottom of the dish.
5. Bake 35–45 minutes, until apples are tender. Serve warm.