



Honeyed Pears with Greek Yogurt + Pecans

Serves: 2

Ingredients

- 2 ripe pears, peeled or unpeeled, sliced
- 1 tablespoon honey
- $\frac{1}{2}$ teaspoon ground cinnamon
- 1 cup plain Greek yogurt
- $\frac{1}{4}$ cup chopped pecans
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Instructions

1. Add pears, honey, and cinnamon to a small skillet.
2. Cook over medium heat 5–7 minutes, stirring gently, until pears are soft and lightly caramelized.
3. Divide yogurt between two bowls.
4. Spoon warm pears over yogurt and sprinkle with pecans. Serve warm.